

# VERMONT FORENSIC LABORATORY

## Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No.  
TOX\_P702\_Version 2

Approved by:  
Lab Director

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**Page 1 of 13**

### Table of Contents

- 1.0. [Principle](#)
- 2.0. [Equipment](#)
- 3.0. [Solvents & Reagents](#)
- 4.0. [Standards & Controls](#)
- 5.0. [Procedure](#)
- 6.0. [Instrumental Analysis](#)
- 7.0. [Data](#)
- 8.0. [References](#)

# VERMONT FORENSIC LABORATORY

## Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No. TOX_P702_Version 2	Approved by: Lab Director	Effective Date: 06142021 Status: Active	Page 2 of 13
--------------------------------	------------------------------	---	--------------

### 1.0 Principle

- 1.1 Opiates are naturally occurring alkaloid analgesics obtained from the opium poppy, *Papaver Somniferum*. The plant contains several pharmacologically active compounds, including morphine and codeine. The term opioid is used to describe natural and semisynthetic alkaloids prepared from opium. Opioids bind to the three main opioid receptors mu ( $\mu$ ), kappa ( $\kappa$ ), and delta ( $\delta$ ) producing various central and peripheral nervous system effects.
- 1.2 Synthetic amines such as amphetamine and methamphetamine and naturally occurring alkaloids such as cocaine stimulate the sympathetic nervous system by either releasing dopamine, serotonin, and norepinephrine neurotransmitters from neurons or blocking their reuptake.
- 1.3 Opiates, opioids, and stimulant drugs can be extracted from whole blood using a process of cell lysis and solid phase extraction. Due to the nature of the analytes of interest, a Mixed-mode strong Cation eXchange (MCX) solid phase sorbent is used. Based on differential affinity for the organic solvents passed through the sorbent bed, other potentially interfering compounds such as phospholipids are removed from the resulting eluent.
- 1.4 The eluent is analyzed on the Liquid Chromatography/Tandem Mass Spectrometry (LC-MS/MS) system. Chromatographic separation between the analytes of interest is achieved by using a 2.7  $\mu\text{m}$  Raptor Biphenyl column. Each analyte will fragment in a unique and predictable pattern as its ions pass through the tandem mass spectrometer, allowing for confirmatory identification and quantitation.

### 2.0 Equipment

- 2.1 Pipettes
- 2.2 Class A volumetric glassware
- 2.3 Graduated cylinders
- 2.4 HPLC grade glass bottles
- 2.5 Glass culture tubes
- 2.6 Analytical balance
- 2.7 Vortex mixer
- 2.8 Centrifuge
- 2.9 Positive pressure manifold (PPM)
- 2.10 96-well Oasis PRiME MCX  $\mu$ Elution plates

# VERMONT FORENSIC LABORATORY

## Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No. TOX_P702_Version 2	Approved by: Lab Director	Effective Date: 06142021 Status: Active	<b>Page 3 of 13</b>
--------------------------------	------------------------------	---	---------------------

- 2.11 96-well collection plates and sealing mats
- 2.12 Waters Acquity H-Class UPLC / Xevo TQ-S micro MS system.

### 3.0 Solvents & Reagents

- 3.1 Materials
  - 3.1.1 Zinc sulfate heptahydrate
  - 3.1.2 Ammonium acetate
  - 3.1.3 Ammonium formate
  - 3.1.4 Ammonium hydroxide
  - 3.1.5 4% phosphoric acid
  - 3.1.6 Formic acid (HPLC grade)
  - 3.1.7 Acetonitrile (HPLC grade)
  - 3.1.8 Methanol (HPLC grade)
  - 3.1.9 Isopropanol (HPLC grade)
  - 3.1.10 Deionized water
- 3.2 Zinc sulfate/ammonium acetate 0.1 M solution
  - 3.2.1 Add 28.76 g zinc sulfate heptahydrate and 7.71 g ammonium acetate to 500 mL diH<sub>2</sub>O.
  - 3.2.2 Fill bottle to 1L.
  - 3.2.3 Assigned lot number is ZA-MMDDYYYY.
- 3.3 4% phosphoric acid (H<sub>3</sub>PO<sub>4</sub>)
  - 3.3.1 Add 23.5 mL of 85% phosphoric acid to approximately 350 mL of diH<sub>2</sub>O.
  - 3.3.2 Fill bottle to 500 mL.
  - 3.3.3 Assigned lot number is PA-MMDDYYYY.
- 3.4 Wash solvent – 100 mM ammonium formate with 2% formic acid
  - 3.4.1 Add 0.631 g ammonium formate to approximately 70 mL of diH<sub>2</sub>O.
  - 3.4.2 Add 2 mL formic acid.
  - 3.4.3 Fill bottle to 100 mL.
  - 3.4.4 Assigned lot number is AF-MMDDYYYY.
- 3.5 Elution solvent – 25% acetonitrile in methanol containing 5% strong ammonia

# VERMONT FORENSIC LABORATORY

## Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No. TOX_P702_Version 2	Approved by: Lab Director	Effective Date: 06142021 Status: Active	<b>Page 4 of 13</b>
--------------------------------	------------------------------	---	---------------------

- 3.5.1 Add 0.75 mL acetonitrile to 2.25 mL methanol.
- 3.5.2 Add 150 µL ammonium hydroxide solution.
- 3.5.3 Elution solvent expires 24 hours after preparation and is not assigned a lot number.
- 3.6 Dilution solvent – (97:2:1 diH<sub>2</sub>O: acetonitrile: formic acid)
  - 3.6.1 Add 97 mL diH<sub>2</sub>O with 2 mL acetonitrile and 1 mL formic acid.
  - 3.6.2 Assigned lot number is DIL-MMDDYYYY.
  - 3.6.3 Solution expires six months from date of preparation.
  - 3.6.4 Dilution solvent will be run on the LC-MS/MS system prior to use in casework to demonstrate that it is free from analytes of interest and other interfering compounds.
  - 3.6.5 Chromatograms generated from the analysis will be reviewed and documentation of passing QC recorded in the Reagent Preparation Log. Analytical results will be kept on file with the Toxicology Section.
- 3.7 Solvents and reagents do not require a performance check prior to use unless otherwise noted.
- 3.8 All solvents and reagents are stored at room temperature and expire one year from date of preparation unless otherwise noted.
- 3.9 Solvent and reagent preparation will be recorded in the Reagent Preparation Log and containers labeled with lot number, preparation date, expiration date, and preparer initials, unless otherwise noted.
- 3.10 Volumes specified in each preparation can be changed, provided the final concentration or ratio of components remains consistent.

#### 4.0 Standards & Controls

- 4.1 Materials
  - 4.1.1 Negative Control Stock (NEG) see TOX\_P700
  - 4.1.2 Methanol (HPLC grade)
  - 4.1.3 NIST Traceable Standards:

Analyte	Internal Standard
Amphetamine	Amphetamine-D6

## VERMONT FORENSIC LABORATORY

### Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No. TOX_P702_Version 2	Approved by: Lab Director	Effective Date: 06142021 Status: Active	<b>Page 5 of 13</b>
--------------------------------	------------------------------	---	---------------------

Benzoylcegonine	Benzoylcegonine-D8
Cocaine	Cocaine-D3
Codeine	Codeine-D6
EDDP perchlorate	EDDP perchlorate-D3
Fentanyl	Fentanyl-D5
Hydrocodone	Hydrocodone- D3
Hydromorphone	Hydromorphone-D6
Methadone	Methadone-D3
Methamphetamine	Methamphetamine-D5
Morphine	Morphine-D3
Norfentanyl	Norfentanyl-D5
Oxycodone	Oxycodone-D6
Oxymorphone	Oxymorphone-D3

#### 4.2 Internal standard preparation

4.2.1 Add 5 mL methanol to a 10 mL volumetric flask.

4.2.2 Pipette the following volumes of each standard:

Standard	Concentration	Volume Added	Final Concentration
Fentanyl-D <sub>5</sub>	100 µg/mL	50 µL	500 ng/mL
Norfentanyl-D <sub>5</sub>	100 µg/mL	50 µL	500 ng/mL
Codeine-D <sub>6</sub>	1 mg/mL	50 µL	5 µg/mL
Hydrocodone-D <sub>3</sub>	1 mg/mL	50 µL	5 µg/mL
Hydromorphone-D <sub>6</sub>	1 mg/mL	50 µL	5 µg/mL
Morphine-D <sub>3</sub>	1 mg/mL	50 µL	5 µg/mL
Oxycodone-D <sub>6</sub>	1 mg/mL	50 µL	5 µg/mL
Oxymorphone-D <sub>3</sub>	1 mg/mL	50 µL	5 µg/mL
Methadone-D <sub>3</sub>	1 mg/mL	200 µL	20 µg/mL
EDDP-D <sub>3</sub>	1 mg/mL	200 µL	20 µg/mL
Cocaine-D <sub>3</sub>	1 mg/mL	200 µL	20 µg/mL

# VERMONT FORENSIC LABORATORY

## Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No.  
TOX\_P702\_Version 2

Approved by:  
Lab Director

Effective Date:  
06142021  
Status: Active

Page 6 of 13

Benzoylcegonine-D <sub>8</sub>	1 mg/mL	200 µL	20 µg/mL
Amphetamine-D <sub>6</sub>	1 mg/mL	200 µL	20 µg/mL
Methamphetamine-D <sub>5</sub>	1 mg/mL	200 µL	20 µg/mL

4.2.3 Fill flask to volume with methanol.

4.2.4 Assigned lot number is OPS-IS-MMDDYYYY.

4.2.5 Prior to being placed in service, solutions must be performance checked.

4.2.5.1 Prepare one vial by adding 25 µL of currently in-service internal standard solution to 475 µL diH<sub>2</sub>O and vortex to mix.

4.2.5.2 Prepare a second vial as above, using the newly prepared lot number of internal standard solution.

4.2.5.3 Analyze these vials on the UPLC system using the currently validated analytical method.

4.2.5.4 Retention times should be consistent between the currently in-service and the newly prepared lot numbers.

4.2.5.5 The monitored transitions for each analyte of interest should exhibit no measurable interference from the deuterated internal standard compounds.

4.2.5.6 Peak area counts for each compound should match between the currently in-service lot number and the newly prepared lot number to within  $\pm 30\%$ .

4.3 Calibrator working stock preparation

4.3.1 Add 3 mL methanol to a 10 mL class A volumetric flask.

4.3.2 Pipette the following volumes of each standard:

Standard	Concentration*	Volume Added	Final Concentration
Fentanyl	100 µg/mL	100 µL	1 µg/mL
Norfentanyl	100 µg/mL	100 µL	1 µg/mL
Codeine	1 mg/mL	100 µL	10 µg/mL
Hydrocodone	1 mg/mL	100 µL	10 µg/mL
Hydromorphone	1 mg/mL	100 µL	10 µg/mL
Morphine	1 mg/mL	100 µL	10 µg/mL

## VERMONT FORENSIC LABORATORY

### Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No. TOX_P702_Version 2	Approved by: Lab Director	Effective Date: 06142021 Status: Active	<b>Page 7 of 13</b>
--------------------------------	------------------------------	---	---------------------

Oxycodone	1 mg/mL	100 µL	10 µg/mL
Oxymorphone	1 mg/mL	100 µL	10 µg/mL
Methadone	1 mg/mL	400 µL	40 µg/mL
EDDP	1 mg/mL	400 µL	40 µg/mL
Cocaine	1 mg/mL	400 µL	40 µg/mL
Benzoylcegonine	1 mg/mL	400 µL	40 µg/mL
Amphetamine	1 mg/mL	400 µL	40 µg/mL
Methamphetamine	1 mg/mL	400 µL	40 µg/mL

\*Parent stocks may require dilution to achieve this starting concentration.

4.3.3 Fill flask to volume with methanol.

4.3.4 Assigned lot number is OPS-CAL-MMDDYYYY

4.3.5 Prior to being placed in service, solutions must be performance checked.

4.3.5.1 In triplicate, prepare samples at the highest calibrator concentration, as specified in section 5.1, using the newly prepared calibrator working stock.

4.3.5.2 Extract these samples and analyze them against a valid calibration curve prepared using the currently in-service calibrator working stock.

4.3.5.3 Each analyte should fall within  $\pm 20\%$  of the target value at each concentration.

4.3.5.4 Retention times should be consistent between the currently in-service lot number and the newly prepared lot number.

4.3.5.5 Qualifier ion ratios for the newly prepared lot number should fall within  $\pm 20\%$  of the currently in-service lot number average ion ratio.

4.4 Quality control working stock preparation

4.4.1 Add 3 mL methanol to a 10 mL volumetric flask.

4.4.2 Pipette the following volumes of each standard:

Standard	Concentration*	Volume Added	Final Concentration
Fentanyl	100 µg/mL	100 µL	1 µg/mL
Norfentanyl	100 µg/mL	100 µL	1 µg/mL

# VERMONT FORENSIC LABORATORY

## Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No.  
TOX\_P702\_Version 2

Approved by:  
Lab Director

Effective Date:  
06142021  
Status: Active

Page 8 of 13

Codeine	1 mg/mL	100 µL	10 µg/mL
Hydrocodone	1 mg/mL	100 µL	10 µg/mL
Hydromorphone	1 mg/mL	100 µL	10 µg/mL
Morphine	1 mg/mL	100 µL	10 µg/mL
Oxycodone	1 mg/mL	100 µL	10 µg/mL
Oxymorphone	1 mg/mL	100 µL	10 µg/mL
Methadone	1 mg/mL	400 µL	40 µg/mL
EDDP	1 mg/mL	400 µL	40 µg/mL
Cocaine	1 mg/mL	400 µL	40 µg/mL
Benzoylcegonine	1 mg/mL	400 µL	40 µg/mL
Amphetamine	1 mg/mL	400 µL	40 µg/mL
Methamphetamine	1 mg/mL	400 µL	40 µg/mL

\*Parent stocks may require dilution to achieve this starting concentration.

4.4.2.1 Fill flask to volume with methanol.

4.4.2.2 Assigned lot number is OPS-QC-MMDDYYYY

4.4.2.3 Prior to being placed in service, solutions must be quality controlled.

4.4.2.4 In triplicate, prepare samples at the high-range quality control concentration, as specified in section 5.2, using the newly prepared quality control working stock.

4.4.2.5 Extract these samples and analyze them against a valid calibration curve prepared using the currently in-service calibrator working stock.

4.4.2.6 Each analyte should fall within  $\pm 20\%$  of the target value at each concentration.

4.4.2.7 Retention times for each analyte should be consistent with the calibration standards.

4.4.2.8 Qualifier ion ratios for the newly prepared lot number should fall within  $\pm 20\%$  of the calibration average ion ratio.

4.5 Reagent preparation will be recorded in the Reagent Preparation Log and containers labeled with lot number, preparation date, expiration date, and preparer initials, unless otherwise noted.



# VERMONT FORENSIC LABORATORY

## Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No. TOX_P702_Version 2	Approved by: Lab Director	Effective Date: 06142021 Status: Active	<b>Page 9 of 13</b>
--------------------------------	------------------------------	---	---------------------

- 4.6 All working stocks are stored in the freezer and expire one year from date of preparation.
- 4.7 Chromatograms from the analysis will be reviewed and documentation of passing QC recorded in the Reagent Preparation Log. Analytical results will be kept on file with the Toxicology Section.
- 4.8 Volumes specified in each preparation can be changed, provided the final concentration or ratio of analytes and components remains consistent.
- 4.9 Concentrations of purchased reference materials may vary depending on availability from the manufacturer. Alternative ratios or volumes may be used in reagent preparation, provided the final concentration of analytes remains consistent.
- 4.10 If the currently in-service lot number is not adequate for comparison purposes (e.g. insufficient volume, expired, failing acceptability criteria), reagent performance can be based on the general acceptability criteria for the analytical method.

### 5.0 Procedure

- 5.1 Prepare calibration samples
  - 5.1.1 Serially dilute calibration working stock material in methanol to each calibration concentration.
    - 5.1.1.1 For fentanyl and norfentanyl, calibrators will be prepared at 0.50, 1.0, 2.5, 5.0, 10, 25, and 50 ng/mL.
    - 5.1.1.2 For codeine, hydrocodone, hydromorphone, morphine, oxycodone, and oxymorphone, calibrators will be prepared at 5.0, 10, 25, 50, 100, 250, and 500 ng/mL.
    - 5.1.1.3 For methadone, EDDP, cocaine, benzoylecgonine, amphetamine, and methamphetamine, calibrators will be prepared at 20, 40, 100, 200, 400, 1000, and 2000 ng/mL.
    - 5.1.1.4 Refer to OPS sample preparation sheet for suggested volumes and concentrations to use in serial dilution.
  - 5.1.2 Aliquot 450  $\mu$ L NEG into clean glass culture tubes and label one for each concentration.
  - 5.1.3 Add 25  $\mu$ L of the appropriate calibrator concentration to each tube.
  - 5.1.4 Add 25  $\mu$ L of internal standard to each tube.
  - 5.1.5 Vortex to mix.

# VERMONT FORENSIC LABORATORY

## Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No. TOX_P702_Version 2	Approved by: Lab Director	Effective Date: 06142021 Status: Active	Page 10 of 13
--------------------------------	------------------------------	---	---------------

- 5.2 Prepare quality control samples
  - 5.2.1 Dilute quality control working stock material in methanol to each of the required quality control concentrations.
    - 5.2.1.1 For fentanyl, and norfentanyl, QC samples will be prepared at low (1.5 ng/mL), mid (25 ng/mL), and high (40 ng/mL) concentrations.
    - 5.2.1.2 For codeine, hydrocodone, hydromorphone, morphine, oxycodone, and oxymorphone, QC samples will be prepared at low (15 ng/mL), mid (250 ng/mL), and high (400 ng/mL) concentrations.
    - 5.2.1.3 For methadone, EDDP, cocaine, benzoylecgonine, amphetamine, and methamphetamine, QC samples will be prepared at low (60 ng/mL), mid (1000 ng/mL), and high (1600 ng/mL) concentrations.
    - 5.2.1.4 Refer to OPS sample preparation sheet for suggested volumes and concentrations to use in serial dilution.
  - 5.2.2 Aliquot 450  $\mu$ L NEG into clean, labeled glass culture tubes. The number of tubes at each concentration will depend upon the QC requirements of the analytical batch.
  - 5.2.3 Add 25  $\mu$ L of the appropriate QC material to each tube.
  - 5.2.4 Add 25  $\mu$ L of internal standard to each tube.
  - 5.2.5 Vortex to mix.
- 5.3 Prepare negative control samples
  - 5.3.1 Aliquot 450  $\mu$ L NEG into clean, labeled glass culture tubes.
  - 5.3.2 Add 25  $\mu$ L of methanol to each tube.
  - 5.3.3 Add 25  $\mu$ L of internal standard to each tube.
  - 5.3.4 Vortex to mix.
- 5.4 Prepare casework samples
  - 5.4.1 Select one item from each evidential blood kit for analysis.
  - 5.4.2 Thoroughly vortex each tube to ensure homogeneity of the sample.
  - 5.4.3 Pipette 450  $\mu$ L of blood into a clean, labeled glass culture tube.
  - 5.4.4 Add 25  $\mu$ L of methanol to each tube.
  - 5.4.5 Add 25  $\mu$ L of internal standard to each tube.

# VERMONT FORENSIC LABORATORY

## Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No. TOX_P702_Version 2	Approved by: Lab Director	Effective Date: 06142021 Status: Active	Page 11 of 13
--------------------------------	------------------------------	---	---------------

5.4.6 Vortex to mix.

5.5 Add 600  $\mu$ L 0.1 M zinc sulfate/ammonium acetate solution to clean glass sample tubes.

5.6 Pipette 200  $\mu$ L of prepared samples into each zinc sulfate/ammonium acetate tube; vortex to mix.

5.7 Centrifuge samples at 3030 rcf for 20 min.

5.8 Transfer supernatant into glass sample tubes containing 600  $\mu$ L 4% phosphoric acid.

5.9 Transfer samples into  $\mu$ Elution plate wells in two aliquots of 600  $\mu$ L; apply each at 1-2 mL/min using PPM.

5.9.1 Ensure each sample position is documented on OPS sample preparation sheet.

5.10 Wash with 500  $\mu$ L wash solvent.

5.11 Wash with 500  $\mu$ L methanol.

5.12 Add 100  $\mu$ L dilution solvent to each sample well in 96-well collection plate.

5.13 Elute into collection plate wells using two aliquots of 50  $\mu$ L elution solvent.

5.14 Cap collection plate with pre-slit sealing mat.

5.15 Gently vortex plate before loading onto instrument.

### 6.0 Instrumental Analysis

6.1 Complete all required maintenance procedures as outlined in the Toxicology Confirmation Manual (TOX\_P700) and document in the Instrument Maintenance Log.

6.2 Ensure the “OPS” inlet method and tune files are loaded and active.

6.3 Turn on gas flows, source electronics, and mobile phase pumps; allow all metrics to stabilize before running samples.

6.4 Place the collection plate in the autosampler.

6.5 In MassLynx, generate a sequence list for the analytical batch.

6.5.1 Inlet method, tune file, and MRM method columns should all be set to “OPS”.

6.5.2 All calibration and control standards should be set to “standard” and “QC” sample types, respectively, and include concentration levels in the appropriate columns.

# VERMONT FORENSIC LABORATORY

## Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No. TOX_P702_Version 2	Approved by: Lab Director	Effective Date: 06142021 Status: Active	<b>Page 12 of 13</b>
--------------------------------	------------------------------	---	----------------------

6.5.3 All calibration standards should include a “1” in the quantitative reference column.

6.6 Save sequence list and begin sample acquisition.

6.7 After analysis, sample plates or vials may be kept at room temperature if re-injection is required.

6.7.1 Plates must be covered with a sealing mat or parafilm to prevent sample evaporation.

6.7.2 Calibrators may be reinjected up to 16 hours after preparation.

6.7.3 Casework samples and controls may be reinjected up to 30 hours after preparation.

### 7.0 Data

7.1 Upon completion of the run, process all acquired samples in TargetLynx using the “OPS” method or appropriate submethod for reanalysis.

7.2 Ensure all samples meet the quality criteria outlined in section 7.0 of the Toxicology Confirmation Manual (TOX\_P700).

7.3 Generate a data packet and perform analyst review as outlined in section 9.0 of the Toxicology Confirmation Manual (TOX\_P700).

### 8.0 References

8.1 Toxicology Screening Manual (TOX\_P600)

8.2 Toxicology Confirmation Manual (TOX\_P700)

8.3 Reagent Preparation Log

8.4 Instrument Maintenance Log

8.5 OPS Control Chart

# VERMONT FORENSIC LABORATORY

## Confirmation of Opiates, Opioids, and Stimulants in Whole Blood

Doc. No.  
TOX\_P702\_Version 2

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Lab Director

Effective Date:  
06142021  
Status: Active

Page 13 of 13

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12/7/2020	1	Lab Director	First edition
6/14/2021	2	Lab Director	Removed 6-AM from testing panel; adjusted reagent volumes for zinc; minor formatting changes throughout